
COMMUNITY MENTAL HEALTH SERVICES REVIEW

Purpose of Report

1. To provide Members with an update of the Community Mental Health Services Review prior to the presentation by the Cardiff & Vale University Health Board at this meeting of the Scrutiny Committee.

Background

2. At the November 2017 meeting of this Scrutiny Committee, Members received a briefing note and presentation by the Cardiff and Vale University Health Board on proposed changes to community mental health services. An extract from the minutes of this meeting, and letter arising from the meeting are attached at **Appendix A**. In addition, attached at **Appendix B** the "**Proposal for Change**" document that was distributed in November 2017 and set out the proposals at that time.

Current Status of the Project

3. The following update has been provided by the Cardiff & Vale University Health Board and will be supported by a presentation at this meeting.

4. The Vale Locality Mental Health Team (VLMHT) is a service that provides community mental health interventions and care for working age adults. The team was formed from 3 existing Community Mental Health Teams (CMHTs) in the Vale of Glamorgan and is now based at Barry Hospital.
5. The proposal to co-locate services was developed as the most viable and transformative option following a process of engagement with a broad range of stakeholders and partners.
6. Combining the 3 CMHTs was the first part of a phased approach to improving community mental health services in the Vale of Glamorgan. Implementation of each phase is supported by a workstream and an over-arching steering committee involving a range of stakeholders to ensure the best service provision for people in the Vale of Glamorgan.
7. There were 3 workstreams initially:
 - **Workstream 1** focusing on the Organisational Change Policy and developing a Memorandum of Understanding between Health and the Local Authority,
 - **Workstream 2** focused on the moves from the 3 CMHTs to the VLMHT. This workstream has now ended following the closure of the 3 CMHTs on 17th September 2018.
 - **Workstream 3** focuses on developing a new clinical model for delivering integrated and multi-agency mental health services in the Vale of Glamorgan from the VLMHT. A subgroup worked to ensure the safe transition of the 3 teams and to develop interagency partnerships.

Next Steps

8. The next 5 months will focus on developing the clinical model for the VLMHT and improving interfaces with existing services and third sector partners. A further process of organisational change will be needed to review the existing management structures, dependent on which services are to be devolved to the VLMHT.
9. The clinical model aims to provide smoother transitions between services, more responsive care in a crisis and a clearer focus on wellbeing and social inclusion outcomes for citizens accessing mental health services. By working more closely with partner agencies the VLMHT aims to put the service-user at the centre of their care, working towards a co-produced outcome that matters to the individual.

Way Forward

10. At this meeting, the following witnesses will be in attendance:

- i) Councillor Susan Elsmore (Cabinet Member for Social Care, Health & Well-Being)
- ii) Claire Marchant (Director of Social Services)
- iii) Ian Wile (Director of Operations for the Mental Health Clinical Board, Cardiff & Vale UHB)
- iv) Dan Crossland (Clinical/Project Lead, Cardiff & Vale UHB)
- v) Mark Jones (Directorate Manager, Adult Mental Health, Cardiff & Vale UHB)

Representatives from the Cardiff and Vale UHB will make a presentation to Committee.

11. Members may decide any comments, observations or recommendations they wish to pass to the Cardiff and Vale UHB and Cabinet for their consideration following the presentation at this meeting.

Legal Implications

12. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct legal implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

Financial Implications

13. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications at this stage in relation to any of the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet/Council will set out any financial implications arising from those recommendations.

RECOMMENDATIONS

It is recommended that the Committee:

- i. Consider the information provided in the presentation and the information set out in **Appendices A and B**; and
- ii. Decide the way forward with regard to any further scrutiny of this issue.

DAVINA FIORE

Director of Governance and Legal Services

1 November 2018

EXTRACT FROM THE MINUTES OF:

COMMUNITY & ADULT SERVICES SCRUTINY COMMITTEE - 15 NOVEMBER 2017

Present: County Councillor McGarry(Chairperson) County Councillors Asghar Ali, Carter, Goddard, Jenkins, Kelloway and Lent

28 : PROPOSED DEVELOPMENTS FOR COMMUNITY MENTAL HEALTH SERVICES

The Chairperson welcomed Councillor Susan Elsmore, Cabinet Member for Social Care, Health & Well-Being, Ian Wile, Director of Operations for the Mental Health Clinical Board, Cardiff & Vale University Health Board, Tony Young Director of Social Services, and Rebekah Vincent-Newson Operational Manager, Mental Health to the meeting.

The Chairperson invited the Cabinet Member to make a statement in which she said that this was a very important review led by the Health Board; it was a whole system review including primary care and non statutory services. The Cabinet Member added that the statistics were stark, particularly around ethnicity in the City. It was noted that the Mental Health Foundation 2016 in Wales invested £600m in Mental Health services which was more than any other service in the NHS. The severe and enduring impact of Mental Health on longevity of life of up to ten years was noted.

Members were provided with an overview of the Community Services Case for Change – Adult Mental Health, Cardiff and Vale UHB, after which the Chairperson invited questions and comments from Members;

- Members asked for more information on the timescales involved for the implementation of changes in the Service. They were advised that it was in the hands of the Capital Planning Department but the Vale (at Barry Hospital) phase

would be completed by 31 March 2018. There is a project management support post ready to start in January 2018, and this was filled from current staff. The pilot should run for at least 9 months, hopefully for longer after the success criteria has been evaluated.

- Members noted that the age category stopped at 65 years and asked why this was. Members were advised that this was the general rule as there were separate services in the structure for older people and people with dementia etc.
- Members asked how many mental health beds were in Cardiff and the Vale and were advised that there were 135 in Llandough, 14 in Park Road and 10 in Phoenix – all adult services. There were 130 older people beds.
- Members asked if Park View in Ely was being looked at and were advised that discussions were ongoing with regards to the Wellbeing Hub.
- Members were surprised by the number of people being supported in the community. Members asked which option, from the Case for Change proposal document would be the preferred option. Members were advised that they needed to go for the most ambitious option of Community Services, with a facilitated clinic and improved pathways for specific treatments. Members were advised that it needed to be advantageous, not just co-locating and doing the same things.
- Members noted that demand had increased fourfold, currently there were buildings that were small enough to feel community based. Members were concerned that larger buildings to cope with the demand could feel like hospitals, which may affect how people may view the Service.
- Members asked if there had been a degree of over diagnosis/referral by GP's into that level of the service and were advised that there needed to be more basic

training in anxiety and depression by the third sector, this would help with the Health Board being able to deal with the more complex cases.

- Members asked about the financial implications for the Local Authority and were advised that there should be some efficiencies made within the management infrastructure of each team, but they were not under pressure to make savings. The focus was about a healthy community service, which gives more positives elsewhere in the system.
- Members asked if there would be more consultation and public engagement and were advised that there would be; Case 4 Change would turn into an engagement paper.

AGREED – That the Chairperson on behalf of the Committee writes to the Cabinet Member conveying the observations of the Committee when discussing the way forward.

My Ref: Scrutiny/Correspondence/Cllr McGarry

21 November 2017

Ian Wile,
Director of Operations for the Mental Health Clinical Board
Cardiff & Vale University Health Board

Via email



Dear Ian,

COMMUNITY & ADULT SERVICES SCRUTINY COMMITTEE – 15 NOVEMBER 2017 – COMMUNITY MENTAL HEALTH SERVICES REVIEW

As Chair of the Community & Adult Services Scrutiny Committee, I wish to thank you for attending Committee and providing Members with a very interesting brief on the proposed developments in relation to Community Mental Health Services. Members of the Committee have requested that I feed back the following comments and observations to you.

The Committee welcomed the proposals set out in the Case for Change document, and supports the approach being undertaken by the UHB and partners to deliver improved community mental health services across Cardiff & the Vale. Members would be interested in receiving an update on the Vale (Barry Hospital) Pilot following 6 months of operation (i.e. September 2018) to gauge its success before being rolled out to two further sites in Cardiff.

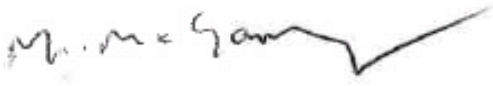
Members stated that they would wish to receive more information on the role the Council and Cabinet is playing in relation to the development and implementation of the proposals. Members did not feel that the role of the Council and other partner organisations was specified clearly enough in the document.

Members felt that, crucial to the success of delivering an improved service was the need to have a clear action plan, setting out key milestones and a timetable for implementation, to ensure that the project is delivered on time and that all partners are clear of the timescales for implementation.

Finally, Members have requested that local Cardiff Ward Members be consulted on any proposals (including proposed sites) for developments within their areas.

Thank you again for attending. The Committee wishes you well in progressing the proposals and looks forward to seeing you again at a later meeting to update us on progress.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Mary McGarry', with a long, sweeping horizontal stroke extending to the right.

COUNTY COUNCILLOR MARY M^CGARRY

Chairperson - Community & Adult Services Scrutiny Committee

Cc: Councillor Susan Elsmore, Cabinet Member for Social Care, Health & Well-Being
Tony Young, Director of Social Services
Amanda Phillips, Assistant Director, Adult Services
Rebekah Vincent-Newson, Operational Manager, Mental Health.